The four phases of a placement

Pre-placement phase: Charge and the "Inknown" Increase anxiety

1st placement phase: the task is **Stabilization**, a safe, containing environment reduces anxiety levels. The home and the team provide a "secure base" for the child

2nd placement phase: the task is **Integration** Use the opportunity of a secure base to help the child integrate their shattered lives, becoming more secure in themselves and adolescents autonomous

3rd placement phase: the task is **Adapting** to the wider social world. Provide opportunities for independent learning, remembering that learn by things going wrong.

4th placement phase: the task is Transition. This is letting go and preparing for the next living arrangements