

The Unique Way

Therapy

Trauma-treatment

Assessment-led

Relationship-based

Care and Education

Trauma-informed: a therapeutic milieu.

Relationship-based practice.

Looking for present day solutions to here and now problems.

Foster and model resilience.

Teach and model problem solving.

Build relationships through shared experiences in the here and now. Relationships are 'treatment' too

May include:

Therapy

Group work

Clinical expertise

Life Story Work