PROVIDING A SAFE, CHILD-CENTRED ENVIRONMENT

Therapeutically informed integrated care provision to children from 8 – 16 years of age.

we-are-unique.care
Our integrated model of clinical support care and education offers placement stability to children with complex needs who may have experienced multiple placement breakdowns.

We have the ability to respond to emergency placements for children in need of immediate support, we also offer short and long term placements subject to an initial assessment process.

Whilst our homes are based in North Wales we work with Looked after Children from across the UK & Ireland.

Unique Care Homes was established in 2015 with a clear vision to provide a therapeutically informed integrated care provision to children from 8 – 16 years of age.

We offer a safe, child centred environment where children can recover from their experiences of abuse, trauma & family breakdown.

We believe that each child is Unique and have their individual responses to trauma therefore require a bespoke package of care tailored to meet their needs and to reflect their personal journey.

We have a clear vision to provide a therapeutically informed integrated care provision.
Integrated Therapeutic Parenting
The clinical team works together with the Therapeutic Care and Education Teams to ensure that work with all children is consistent and integrated. The child’s therapist works directly with their care team; they attend Team Meetings, Child Centred Planning Meetings and oversee the child’s Therapeutic Plan and Therapeutic Goals. The clinical team will offer advice in relation to risk assessment and risk management and liaise with external agencies including CAMHS.

Training
All practitioners are trained to deliver therapeutically informed interventions which are bespoke to meet the child’s individual needs and to support them through their unique journey of care.

Clinical Services
The clinical service comprises of Psychologists and Psychotherapists with additional access to independent consultants’ if required to meet the needs of individual children.

The service employs clinicians with a broad range of experience and skills drawn from both psychotherapeutic and psychology backgrounds. This enables the matching of an individual’s needs with therapeutic approach, whilst also offering Therapy, Therapeutically Informed Integrated Care & Staff Training.

Therapy
Individual therapy sessions are available to all children and are tailored to meet the child’s individual needs and reflect their unique response to trauma.

Bespoke packages of care tailored to meet their needs and to reflect their personal journey.
Learning that empowers children to achieve their aspirations.

**Education** is at the heart of our model and we understand that often there are many barriers to educational achievement for many Looked after Children. As part of the initial assessment process we will identify the most appropriate education setting for the child in order to achieve their goals. We work in partnership with local mainstream schools & independent Special Schools whilst also delivering home tuition, outdoor education and virtual learning.

Our Education provision will provide every Young Person with a full timetable of planned learning activities from Monday through to Friday. Timetables consist of a mixture of time in school, work experience, sport, outdoor adventurous activities and curriculum based projects designed to ensure the transfer of skills not only between academic subjects but also from education to practical applications. Our children and young people can work towards attaining GCSE’s, Entry level GCSE’s, AQA units of Achievements, ASDAN, Duke of Edinburgh Award, John Muir Award, Vocational Awards and Outdoor Educational Qualifications.

Our care teams and school staff work together to ensure that we meet each Young Person’s individual needs. Young People can be supported in lessons by their carers where this reflects the aims emphasised in their individual placement plan, ensuring a seamless approach to both their learning and the management of their behaviour.

Our aim is to create positive attitudes towards learning, education, employment and training that empower the individual, to develop social skills and we encourage open discussion when faced with an issue. This approach is all about developing self-confidence and coping skills. By giving our Young People a safe and nurturing environment in which to hone these skills, we can deliver to them a vital “life lesson” to help them make the transition into adult life.

**UNIQUE FOSTERING**

We work in partnership with local Fostering Agencies who offer emergency, respite and medium-long terms placements for young people with complex needs.

Working closely with our residential service we are able to support a thoughtful planned transition from residential care into a foster family placement.
Placement & Referrals

We offer a comprehensive 24-hour* no-obligation Pre-Admission Assessment that is free.

Unique Care Homes provides high quality residential services for children aged 8 to 16 with a range of complex and challenging needs, including inappropriate sexualized behaviors, Autistic spectrum disorders and emotional and behavioral difficulties.

Our robust assessment and referral process ensures the most appropriate placement is achieved for a young person while local authorities get value for money.

No Unique Care Homes placement will be made unless a Pre-Admission and Home Impact Risk Assessment has been signed off as a suitable match by the Home Manager in conjunction with the Lead Clinician and Head of Care.

We aim for 100% placement stability to minimise disruption and continually report back to local authorities on a young person’s progress.

We are committed to a transparent working partnership and provide quarterly monitoring and feedback to local authorities.

Admission Process

Initial Enquiry
- Basic referral information received and assessed against Unique Care Homes operating service criteria
- Initial assessment shared with clinical, operational and educational team for home matching Impact risk assessment.
- Unique Care Homes to feedback to referring agency about placement options within 24 hours.

Assessment Visit
- Home Manager and operational team assessment visit to the young person, referring agency and/or other relevant professionals
- Quality assurance visit to Unique Care home by Social Worker and/or other appropriate professionals
- Impact Risk Assessment revisited and reviewed by Homes Manager
- Local Authority confirm funding approval and initiate individual placement agreement.

Post Assessment
- Date of admission and moving in plan agreed with social worker
- Initial 16 week assessment completed to inform young person’s placement plan
- Outcome based plan agreed
- Weekly summary reports sent to Local Authority covering care, clinical and educational progress
- 3 monthly assessment reviews to change/update the young person’s plan.
Our model places emphasis on the development of safe secure relationships that enable staff to respond to the emotional, physical and health needs of the child / young person.

Our Child Centred Practice and Intervention Model is based on both integrated clinical and therapeutic approaches underpinned by well-developed theories.

Unique Care Homes carers and clinicians deliver therapeutic communication and emotional competence through authentic warmth and nurture within an authoritative parenting style.

This balanced parenting style is specifically centred on empowering and encouraging children and young people to think for themselves and consider the consequences of any actions controversial to the established guidelines, children and young people’s views and opinions are strongly considered and respected. A reasoning and commutitive approach is exercised in a consistent manner aimed at supporting and teaching, this promotes self-regulation and resilience and encourages the children and young people to articulate for themselves and in time solve their own difficulties.

This integrated approach with continuous assessment and therapy throughout placement will enable each child to have access to timely interventions led by the clinicians which are appropriate to individual needs and stage of development.

Therapeutic Care / relationship within an authoritative parenting style.

This places emphasis on the development of safe secure relationships that enable all staff to respond to the emotional, physical and health needs of the child. The therapeutic relationship is essential to create the fundamental safety and security needed to establish trust and development.

Psycho-dynamic approach

A psycho-dynamic approach can be described as trying to support an individual to change from within, that is to see their behaviours as symptoms of the inner conflict and to try and address the causes of the symptoms rather than to rectify the behaviours. This approach is used to understand children’s behaviours as communications of unmet needs.

Collaborative and Reflective Culture.

This reflective culture at the heart of the various teams and departments in the organisation is an essential part of the organisation. This encourages children to develop reflective skills enabling them to explore and understand the impact for them of living and learning alongside one another.

Enable, Empower and become resilient.

With unique timely interventions, with positive dialogue and respect, children are able to recover and become resilient for most of life’s challenges.
Unconditional Care

Nurture

Inspirational

Quality

Understanding

Empathetic

Room for one more

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where every child matters